

# SpaTempo system

Clear your mind and revitalize your spirit!

relax



Our SpaTempo sound solution system is a remote control operated device with insulated headphones for optimal sound quality that offers 70 commercial-free Sirius™ satellite radio stations and also helps you take a mental journey to provide:

- Verbal relaxation sessions
- Meditation sessions that help you focus on a certain subject and achieve a specific state of mind, such as:
  - Stress reduction
  - Anger management
  - Smoking cessation
  - Weight loss

Designed to help you escape and take your spa and UV service to the next level. Unwind with SpaTempo and take a mental journey.

Results are comparable to other meditation practices, guided meditation will help you to achieve deep relaxation and release negative emotions/ beliefs that prevent you from bettering yourself.

*I've tried to meditate unsuccessfully for years. I always felt like I should meditate but my mind was always so active that I struggled to enjoy it. Fortunately, SpaTempo techniques are so simple and allow me to naturally go into a deep meditative state. I am already in a relaxed state using the spa services, this just adds to my experience.*

— Mark B.  
New Orleans, LA



Ask Your Spa Consultant about products available to enhance your spa service.