

UV therapy

The perfect glow is closer than you think!



Our UV Therapy allows you to experience a healthy, refreshed glow as your entire body approaches new horizons in health and beauty. Achieve that sought after glow with one of our several levels of UV therapy services. Benefits of UV therapy include but are not limited to:

- Increased production of the brain's mood-lifting chemical, serotonin
- Lowers blood pressure and cholesterol
- Increased muscular strength
- Increased sex hormones
- And much more!

Designed to help you look great and feel even better, researchers are finding that exposure to UV light has many positive psychological and physiological effects.



Results are comparable to a day in the sun with less risk. We will help you make intelligent decisions involving UV therapy and continue to ensure you practice responsible skin wellness habits.

I really feel I look better with a little color on my skin. When I was younger, I had the time to sunbathe with my girlfriends when I wasn't busy with classes. Now, I never seem to have the time. I love that I can run into my Planet Beach 2-3 times a week for 10-20 minutes and maintain a great glow to my skin.

— Jennifer P.
Fort Myers, FL



Ask Your Spa Consultant about products available to enhance your spa service.